



**LIFESTYLE EAP**  
Wellness at Work



## Childcare Wellness Services

Lifestyle EAP offers employees the opportunity to speak with Childcare Specialists over the phone to provide assistance, including but not limited to, the following:

- Referrals to licensed childcare centers
- In-home day cares
- Before and after school programs
- Summer Camp information
- Emergency backup care
- Schools for exceptional children
- Play groups for parents and children
- Pre-natal resources
- Respite care for children with special needs
- Testing and assessment resources
- Residential programs
- Tutors

Lifestyle EAP Services are free, confidential & available to both employees and their family members.

Contact us today at 1-800-989-3277 or [www.lifestyleeap.com](http://www.lifestyleeap.com)